

# Watching Your Baby Grow

The list below provides information about what your baby is learning to do. Don't worry if your baby is not yet doing all these things. Each baby is unique in how they learn new skills. If you have questions, talk to your provider.

0-1  
Month



Learns how to breastfeed  
or feed from a bottle



Likes to look at your face



Learns to follow your  
face



Grasps and wraps fingers  
around a small toy  
or a parent's finger



Likes to be held  
and cuddled



Uses sounds or  
movements to indicate  
pleasure, hunger or  
tiredness.

Source: CDC. Reference to specific commercial products, manufacturers, companies, or trademarks does not constitute its endorsement or recommendation by the U.S. Government, Department of Health and Human Services, or Centers for Disease Control and Prevention. This information is available on [cdc.gov](https://www.cdc.gov) for no charge.

This fact-sheet provides a summary of developmental milestones from the Centers for Disease Control. For more information go to: <https://www.cdc.gov/ncbddd/actearly/milestones/index.html>  
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2  
Months



Begins to smile at people



Begins to follow things with their eyes



Coos and makes sounds



Pays attention to faces, especially yours!



Can hold their head up



Turns head toward sound

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4  
Months



Likes to look at faces and smile at people, especially you!



Has different cries to help you know when they are hungry or sleepy



Can let you know when they are happy or sad



Reaches for toys with one hand



Can steadily hold their head up



Can hold a toy and shake it

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6  
Months



Like to play with others—especially you!



Makes sounds to show joy and displeasure



Knows familiar faces and when a familiar person smiles, the baby smiles back



Rolls over from front to back and back to front



Likes to look in a mirror



Begins to sit without support

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9  
Months



Might be shy with people they don't know



Might be clingy with you



Understands "no"



Picks up small objects between their thumb and finger



Crawls



Makes many different sounds as if they were trying to talk

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12  
Months



Plays games like "peek-a-boo" or "pat-a-cake"



Cries when you leave



Shakes head "no"; waves "bye-bye"



Says "Mama", "Dada", "Uh-oh" or other simple words



Can point to an object when named—"Where is the ball?"



Can stand alone

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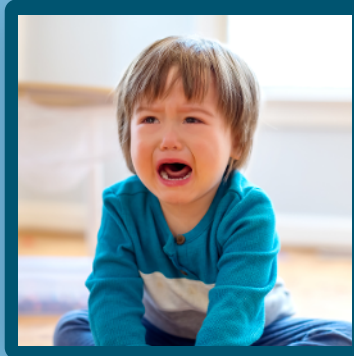
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18  
Months



Says several words and understands simple directions



May have temper tantrums



May cling to you in new situations



Points to body parts—eyes, nose, ears



Drinks from a cup; can hold a spoon



Show interest in stuffed animals and dolls by holding & playing with them

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2  
Years



Says "no";  
has temper tantrums



Says sentences  
with 2-4 words



Copies what others are  
doing-especially adults  
and older children



Names and points to  
familiar things in a  
book



Plays simple  
make-believe games



Begins to run

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3  
Years



Shows positive feelings for friends



Shows concerns if someone is crying



Separates easily from a parent/caregiver



Talks well enough so that most people can understand



Plays make believe with dolls or stuffed animals



Can pedal a tricycle

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4  
Years



Plays well with other children



Sometimes is confused about what is real or what is make-believe



Can sing a song from memory



Tells stories



Can stand on one foot



Understands simple numbers and counting

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