



Welcome & Orientation Packet

January 2023

TEAM UP Welcome & Orientation Packet

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TEAM UP Welcome & Orientation Packet

Introduction to TEAM UP for Children

TEAM UP for Children – “Transforming and Expanding Access to Mental Health Care in Urban Pediatrics” – began in 2015 with the aim to promote positive child health and well-being by building the capacity of urban community health centers (CHCs) to deliver high quality, evidence-based integrated behavioral health care to children and families. By strengthening the ability of CHCs to recognize emerging child behavioral health issues and intervene early with appropriate treatment, TEAM UP aims to improve life outcomes for tens of thousands of low income children in Greater Boston and Gateway cities, and beyond.

The [TEAM UP Transformation Model](#) outlines the major components necessary to implement this approach to care delivery, including the clinical model and the operational and systems-level supports required to enable the shift toward integrated care. TEAM UP is supported by a Learning Community, and includes a robust Evaluation, both of which are led by partners at Boston Medical Center (BMC) and Boston University (BU) – aka the Implementation and Evaluation Teams.

The Learning Community

All TEAM UP CHCs participate in the Learning Community (LC). The LC provides clinical training tailored both to specific roles (e.g., Primary Care Providers) and the care team as a whole, and practice transformation support in the form of a data-driven continuous quality improvement (CQI) framework with technical assistance.

The Evaluation

The Evaluation is a central component of the model and is a component of participation in TEAM UP. The Evaluation seeks to prove and improve the TEAM UP model: data are used for CQI, with reports disseminated to CHCs on a regular basis, and to prove the model leads to improved identification, treatment, and outcomes for children with behavioral health concerns.

Teamupforchildren.org offers additional information about the initiative, including our:

- Vision and aim
- Community and a brief history of the work
- LC partners and the Scientific Advisory Board

All activities within TEAM UP for Children are supported by the Richard and Susan Smith Family Foundation and The Klarman Family Foundation.

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Getting Started

TEAM UP utilizes multiple web-based platforms for organizing content and resources. As you get started, you will want to ensure you have access to these platforms. This may include working with your TEAM UP Project Manager and IT to address any firewall restrictions.

TEAM UP Website – Member Section Access

The member section of teamupforchildren.org is where we organize pertinent LC and Evaluation documents and resources. You will need member-only login access to view and download resources on this part of the website.

Shortly after your onboarding, you will receive an email from the TEAM UP Implementation team at BMC confirming that your user account has been set up. Your username will be your health center email address and your password will be: Teamup123!

To access the member section of the website, please follow the instructions below:

- Go to <http://teamupforchildren.org/user> or navigate there by clicking ‘Member Only Login’ in the top right corner of the teamupforchildren.org homepage
- Click the ‘Log in’ tab next to ‘Create new account’
- Input your username and password
- Complete the “CAPTCHA” at the bottom of the page
- Click “Log In”

Box Account

Box.com is where all TEAM UP documents and materials are stored. It is also where Evaluation data are securely shared and stored.

Box is a HIPAA compliant, cloud-based collaboration and file sharing platform similar to Google Drive and Dropbox. Almost all documents for TEAM UP will be shared via Box link, whether accessed through the member section of the website or sent directly in email.

Some CHCs have firewall protections that block access to Box. Please work with your TEAM UP Project Manager and IT to ensure you have the necessary access.

To access Box, please follow the instructions below:

- Shortly after your onboarding, you will receive an invitation to Box from the TEAM UP Implementation team at BMC – Please select the ‘Accept Invite’ button at the bottom of the email
- You will then be prompted to create a Box account using your CHC email
- Please be sure to write down your password, the TEAM UP Implementation team at BMC is not able to support password resets for this platform

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Events and Calendar Invitations

All TEAM UP trainings and events are posted to the 'Project Calendar' on the member section of teamupforchildren.org. In addition, you will receive Outlook Invitations to various meetings and events based on your role in TEAM UP from teamupforchildren@bmc.org. We ask that you please accept these calendar invitations. Many of our meetings and events are held via Zoom, with Zoom Meeting information embedded within each Outlook Invitation.

TEAM UP E-Course

Depending on your role, you will be asked to complete self-paced training modules via the TEAM UP E-Course. The E-Course is an important component of the LC and provides all the foundational training content required for members of the integrated care team.

A list of required modules is included in the Role-Focused Onboarding Checklists for Primary Care Providers (PCPs), Behavioral Health Clinicians (BHCs), and Community Health Workers and Family Partners (CHW/FPs). Continuing education credits are available for Foundational Modules.

Shortly after your onboarding, you will receive an email from the TEAM UP Implementation team at BMC confirming that your E-Course account has been set up. Your username will be your health center email address and your password will be: Teamup123!

To access the E-Course, please follow the instructions below:

- Go to <https://bmcpyschacademy.org/my-dashboard/> or navigate there by going to <https://bmcpyschacademy.org/> and clicking 'Login' in the top right corner
- Input your email address and password
- Click "Home" in the top menu bar and scroll down to view modules
- For every module relevant to your role, click the "Enroll" button
- Once you have enrolled in the modules, you can begin by clicking on "My Dashboard" at the top of the website and then clicking "View All My Courses"
- You will only have two attempts to pass the post-assessment test, if you need to reset quiz attempts, please email Elisa Cabral at elisa.cabral@bmc.org

Role-focused Onboarding Checklists

Your onboarding path will look different depending on your role. We have developed a checklist for each major role on the TEAM UP team that is customized to the systems, documents, and activities most applicable. Please find the checklist that best aligns with your role and do not hesitate to reach out with questions as you get started.

In some cases, staff will serve in multiple roles, e.g., a PCP that is also a Clinical Champion for TEAM UP. If this is the case for you, please refer to each applicable checklist to understand the various meetings and responsibilities relevant to your different roles.

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Project Manager

The Project Manager (PM) provides all of the day-to-day oversight, administrative and project management support for TEAM UP at the CHC.

Systems Set-up and Access

As introduced in the 'Getting Started' section of this packet, there are two primary systems PMs will utilize during their time in TEAM UP. Please ensure you have access to:

| | |
|--------------------------|---|
| <input type="checkbox"/> | TEAM UP Website - https://teamupforchildren.org/members-only |
| <input type="checkbox"/> | Box – https://box.com |

Meetings and Calendar Invitations

PMs are engaged regularly in TEAM UP LC forums and meetings. Please confirm that you have received invitations to each of the following events and that the details are available in your calendar.

| | |
|--------------------------|---|
| <input type="checkbox"/> | TU Practice Transformation Meetings – every other week, schedule differs per CHC |
| <input type="checkbox"/> | TU Steering Committee Meetings – monthly, 4 th Monday 2-3:30pm |
| <input type="checkbox"/> | TU Revenue Optimization Meetings – quarterly, 2 nd Monday 2-3pm (Jul, Oct, Jan, Apr) |
| <input type="checkbox"/> | TU Community Dinners – twice yearly, dates TBC annually |

Depending on your role at the CHC and each team's unique schedule, there may be additional meetings and activities for you to engage in. Please consult other role-focused onboarding checklists as appropriate to determine whether there are any other TEAM UP meetings you should attend.

Resources and Relevant Documents

PMs serve as the source of information for all things TEAM UP at the CHC. As such, please familiarize yourself with all of the content outlined within the following tabs on the TEAM UP Website – Member Section.

| | |
|--------------------------|---|
| <input type="checkbox"/> | Project Calendar – all TU events scheduled for the year |
| <input type="checkbox"/> | Meetings & Webinars – slides & materials for LC-wide meetings and events |
| <input type="checkbox"/> | Cohort 2 Documents – communications & reporting: weekly PM updates, submitted Quarterly Updates |
| <input type="checkbox"/> | Dissemination Process – guidelines for sharing information about TEAM UP outside the LC |
| <input type="checkbox"/> | Evaluation Reports – monthly & quarterly data reports |
| <input type="checkbox"/> | Resources – archive of all TEAM UP developed documents, resources, materials |

Trainings and Self-Paced Learning

PMs are invited to engage in any TEAM UP training content they are interested in. If you serve in another role on the TEAM UP team, please consult the relevant role-focused onboarding checklist for more information.

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Clinical Champion

Clinical Champions are leaders within the primary care setting. Each CHC identifies two Clinical Champions, typically a PCP and a BHC to ensure representation of both medical and behavioral sides of the work.

Systems Set-up and Access

As introduced in the 'Getting Started' section of this packet, there are three primary systems Clinical Champions will utilize during their time in TEAM UP. Please ensure you have access to:

| | |
|--------------------------|---|
| <input type="checkbox"/> | TEAM UP Website - https://teamupforchildren.org/members-only |
| <input type="checkbox"/> | Box – https://box.com |
| <input type="checkbox"/> | E-Course – https://www.bmcpsychacademy.org/ |

Meetings and Calendar Invitations

Clinical Champions are engaged regularly in TEAM UP LC forums and meetings. Please confirm that you have received invitations to each of the following events and that the details are available in your calendar.

| | |
|--------------------------|--|
| <input type="checkbox"/> | TU Practice Transformation Meetings – every other week, schedule differs per CHC |
| <input type="checkbox"/> | TU Steering Committee Meetings – monthly, 4 th Monday 2-3:30pm |
| <input type="checkbox"/> | TU Community Dinners – twice yearly, dates TBC annually |

Depending on your role at the CHC and each team's unique schedule, there may be additional meetings and activities for you to engage in. Please consult other role-focused onboarding checklists as appropriate to determine whether there are any other TEAM UP meetings you should attend.

Resources and Relevant Documents

Clinical Champions serve as leaders for TEAM UP at the CHC. As such, please familiarize yourself with all of the content outlined within the following tabs on the TEAM UP Website – Member Section.

| | |
|--------------------------|---|
| <input type="checkbox"/> | Project Calendar – all TU events scheduled for the year |
| <input type="checkbox"/> | Meetings & Webinars – slides & materials for LC-wide meetings and events |
| <input type="checkbox"/> | Cohort 2 Documents – communications & reporting: weekly PM updates, submitted Quarterly Updates |
| <input type="checkbox"/> | Dissemination Process – guidelines for sharing information about TEAM UP outside the LC |
| <input type="checkbox"/> | Evaluation Reports – monthly & quarterly data reports |
| <input type="checkbox"/> | Resources – archive of all TEAM UP developed documents, resources, materials |

Trainings and Self-Paced Learning

Clinical Champions are asked to engage in the training content most applicable to their particular role, e.g., PCP or BHC. Please consult the relevant role-focused onboarding checklist for more information.

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IT Analyst

IT Analysts support the TEAM UP Evaluation by ensuring systems are in place for data collection and monthly data set reporting.

Systems Set-up and Access

As introduced in the 'Getting Started' section of this packet, there are two primary systems IT Analysts will utilize during their time in TEAM UP. Please ensure you have access to:

| | |
|--------------------------|---|
| <input type="checkbox"/> | TEAM UP Website - https://teamupforchildren.org/members-only |
| <input type="checkbox"/> | Box – https://box.com |

Meetings and Calendar Invitations

IT Analysts are encouraged to attend annual Community Dinners for TEAM UP and meetings as needed. Please work with your TEAM UP Project Manager to determine which TEAM UP meetings you should attend.

Resources and Relevant Documents

IT Analysts are largely focused on data reporting for the TEAM UP Evaluation. As such, please familiarize yourself with the content outlined in the following sections of the TEAM UP Website – Member Section.

| | |
|--------------------------|---|
| <input type="checkbox"/> | Project Calendar – all TU events scheduled for the year |
| <input type="checkbox"/> | Cohort 2 Documents – communications & reporting: weekly PM updates, submitted Quarterly Updates |
| <input type="checkbox"/> | Evaluation Reports – monthly & quarterly data reports |
| <input type="checkbox"/> | Resources – archive of all TEAM UP developed documents, resources, materials |

All IT Analysts should have easy access to the following relevant document:

- [Evaluation Manual](#)
- [Data De-identification Checklist](#)
- [Data Dictionary](#)
- [Data Dictionary Companion Document](#)
- [Sample Data Use Agreement](#)

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Billing Champion

Billing Champions support the TEAM UP work by ensuring CHC billing workflows are set up to ensure optimization of revenue collection within the integrated setting.

Systems Set-up and Access

As introduced in the 'Getting Started' section of this packet, there are two primary systems Billing Champions will utilize during their time in TEAM UP. Please ensure you have access to:

| | |
|--------------------------|---|
| <input type="checkbox"/> | TEAM UP Website - https://teamupforchildren.org/members-only |
| <input type="checkbox"/> | Box – https://box.com |

Meetings and Calendar Invitations

Revenue Optimization Meetings are the primary forum for Billing Champions within the TEAM UP LC. Please confirm that you have received invitations for these and that the details are available in your calendar.

| | |
|--------------------------|---|
| <input type="checkbox"/> | TU Revenue Optimization Meetings – quarterly, 2 nd Monday 2-3pm (Jul, Oct, Jan, Apr) |
|--------------------------|---|

Billing Champions are encouraged to attend annual Community Dinners for TEAM UP and meetings as needed. Please work with your TEAM UP Project Manager to determine which TEAM UP meetings you should attend.

Resources and Relevant Documents

Billing Champions are largely focused on the TEAM UP work as it relates to revenue optimization. As such, please familiarize yourself with the content outlined in the following sections of the TEAM UP Website – Member Section.

| | |
|--------------------------|---|
| <input type="checkbox"/> | Project Calendar – all TU events scheduled for the year |
| <input type="checkbox"/> | Meetings & Webinars – slides & materials for past Revenue Optimization Meetings |
| <input type="checkbox"/> | Cohort 2 Documents – communications & reporting: weekly PM updates, submitted Quarterly Updates |
| <input type="checkbox"/> | Resources – archive of all TEAM UP developed documents, resources, materials |

All Billing Champions should have easy access to the [TEAM UP Revenue Optimization Toolkit](#).

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Primary Care Provider

Primary Care Providers (PCPs) are core members of the integrated care team.

Systems Set-up and Access

As introduced in the 'Getting Started' section of this packet, there are three primary systems PCPs will utilize during their time in TEAM UP. Please ensure you have access to:

| | |
|--------------------------|---|
| <input type="checkbox"/> | TEAM UP Website - https://teamupforchildren.org/members-only |
| <input type="checkbox"/> | Box – https://box.com |
| <input type="checkbox"/> | E-Course – https://www.bmcpsychacademy.org/ |

Meetings and Calendar Invitations

PCPs are engaged quarterly and bi-annual TEAM UP LC forums. Please keep an eye out for invitations to each of the following events.

| | |
|--------------------------|--------------------------------|
| <input type="checkbox"/> | TU Collaborative Office Rounds |
| <input type="checkbox"/> | TU Team-based Care Sessions |
| <input type="checkbox"/> | TU Community Dinners |

Depending on your role at the CHC and each team's unique schedule, there may be additional meetings and activities for you to engage in. Please work with your TEAM UP Project Manager or Supervisor to determine whether there are any other TEAM UP meetings you should attend.

Trainings and Self-Paced Learning

TEAM UP offers a comprehensive series of trainings to develop the necessary knowledge and skills for PCPs working within the integrated setting. The trainings were developed with the recognition that many PCPs may not have received formal training in children's behavioral health.

TEAM UP recommends a tiered learning approach for any new PCP onboarding within a partner CHC. Each tier is described below and along with suggestions for how to prioritize.

| Tier 1 | Tier 2 | Tier 3 |
|---|--|--|
| Foundational skills and knowledge necessary for all PCPs First priority trainings | Topical trainings on the PCP role in addressing various BH needs Second priority trainings | Topical trainings on PCP and team-based approaches for BH needs Final priority trainings |

All PCPs can access psychiatry and developmental concern consultation as needed. Please consult the [TEAM UP Consultation Flyer](#) for details.

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Primary Care Provider

| Tier 1 Trainings | | | |
|---------------------------------------|---|-----------------------|----------------------|
| E-Course: Foundational Modules | | Estimated Time | Date Complete |
| <input type="checkbox"/> | Early Childhood | ~ 1 hour | |
| <input type="checkbox"/> | Parental Stress | ~ 1 hour | |
| <input type="checkbox"/> | Autism Spectrum Disorders | ~ 1 hour | |
| <input type="checkbox"/> | Traumatic Stress | ~ 1 hour | |
| <input type="checkbox"/> | Externalizing Child | ~ 1 hour | |
| <input type="checkbox"/> | Navigating the Special Education System in MA | ~ 1 hour | |
| <input type="checkbox"/> | Depressive Disorders | ~ 1 hour | |
| <input type="checkbox"/> | Anxiety Disorders | ~ 1 hour | |
| <input type="checkbox"/> | Safety & Suicidality | ~ 1 hour | |
| <input type="checkbox"/> | Addressing Adolescent Substance Use | ~ 1 hour | |
| Total Time Allocation | | ~ 10 hours | |
| Tier 2 Trainings | | | |
| E-Course: Role-Focused Modules | | Estimated Time | Date Complete |
| <input type="checkbox"/> | Promoting Social-Emotional Health in Early Childhood | ~ 1 hour | |
| <input type="checkbox"/> | Management of Behavior Problems in Autism Spectrum Disorder | ~ 1 hour | |
| <input type="checkbox"/> | Managing Disorders of the Externalizing Child: ADHD & ODD | ~ 1 hour | |
| <input type="checkbox"/> | Anxiety Disorders: Screenings and Interventions | ~ 1 hour | |
| <input type="checkbox"/> | Depressive Disorders: Screenings and Interventions | ~ 1 hour | |
| <input type="checkbox"/> | Substance Use Disorders: Screenings and Interventions | ~ 1 hour | |
| <input type="checkbox"/> | Responding to Trauma | ~ 1 hour | |
| Total Time Allocation | | ~ 7 hours | |
| Tier 3 Trainings | | | |
| E-Course: Team-Based Modules | | Estimated Time | Date Complete |
| <input type="checkbox"/> | Yodalis' Exposure to Trauma | ~ 1 hour | |
| <input type="checkbox"/> | Joseph's Externalizing Behavior | ~ 1 hour | |
| <input type="checkbox"/> | Rose's Parents Notice a "Change" | ~ 1 hour | |
| <input type="checkbox"/> | Elena's Absence from School | ~ 1 hour | |
| <input type="checkbox"/> | Angel's Threats to Self-Harm | ~ 1 hour | |
| <input type="checkbox"/> | Jon's Challenges with Communication | ~ 1 hour | |
| <input type="checkbox"/> | Andres' New Friends and New Habit | ~ 1 hour | |
| Total Time Allocation | | ~ 7 hours | |

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Behavioral Health Clinician

The Behavioral Health Clinician (BHC) is a core member of the integrated care team. More information about the BHC role within TEAM UP can be found [here](#).

Systems Set-up and Access

As introduced in the 'Getting Started' section of this packet, there are three primary systems the CHW/FP role will utilize during their time in TEAM UP. Please ensure you have access to:

| | |
|--------------------------|---|
| <input type="checkbox"/> | TEAM UP Website - https://teamupforchildren.org/members-only |
| <input type="checkbox"/> | Box – https://box.com |
| <input type="checkbox"/> | E-Course – https://www.bmcpsychacademy.org/ |

Meetings and Calendar Invitations

BHCs meet monthly at various TEAM UP LC forums. Please confirm that you have received invitations to each of the following events and that the details are available in your calendar.

| | |
|--------------------------|---|
| <input type="checkbox"/> | TU BHC Case Consultation – monthly, 1 st Tuesday 10-11am |
| <input type="checkbox"/> | TU Special Topics Forum – monthly, 3 rd Tuesday 10-11am |

Depending on your role at the CHC and each team's unique schedule, there may be additional meetings and activities for you to engage in. Please work with your TEAM UP Project Manager or Supervisor to determine whether there are any other TEAM UP meetings you should attend.

Trainings and Self-Paced Learning

TEAM UP offers a comprehensive series of trainings to develop the necessary knowledge and skills for BHCs working within the integrated setting. The trainings were developed with the recognition that many BHCs have not worked within an integrated primary care setting or medical model.

TEAM UP recommends a tiered learning approach for any new BHC onboarding within a partner CHC. Each tier is described below and along with suggestions for how to prioritize.

| Tier 1 | Tier 2 | Tier 3 |
|---|--|--|
| Foundational skills and knowledge necessary for all BHCs First priority trainings | Topical trainings on the BHC role in addressing various BH needs Second priority trainings | Topical trainings on BHC and team-based approaches for BH needs Final priority trainings |

All BHCs can access role-focused consultation as needed. Please consult the [TEAM UP Consultation Flyer](#) for details.

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Behavioral Health Clinician

| Tier 1 Trainings | | | |
|---|--|-----------------------|----------------------|
| Transdiagnostic Approaches¹: Foundational Trainings | | Estimated Time | Date Complete |
| <input type="checkbox"/> | Psychoeducation & Motivational Interviewing | ~ 3 hours | |
| <input type="checkbox"/> | Behavioral Activation & Problem Solving | ~ 3 hours | |
| <input type="checkbox"/> | Cognitive Restructuring & Appraisal, Emotion Regulation | ~ 3 hours | |
| <input type="checkbox"/> | Therapeutic Exposure for Anxiety, Parental Coaching & Support | ~ 3 hours | |
| <input type="checkbox"/> | Communication Skills, Assessments & Screening | ~ 3 hours | |
| Transdiagnostic Approaches¹: Topical Trainings | | Estimated Time | Date Complete |
| <input type="checkbox"/> | Developmental Stages: 0-3 & Application of Transdiagnostic Skills | ~ 3 hours | |
| <input type="checkbox"/> | Developmental Stages: 4-6 & Application of Transdiagnostic Skills | ~ 3 hours | |
| <input type="checkbox"/> | Developmental Stages: 7-10 & Application of Transdiagnostic Skills | ~ 3 hours | |
| <input type="checkbox"/> | Pre-Adolescence & Application of Transdiagnostic Skills | ~ 3 hours | |
| <input type="checkbox"/> | Adolescence & Application of Transdiagnostic Skills | ~ 3 hours | |
| <input type="checkbox"/> | TAY & Emerging Adults & Application of Transdiagnostic Skills | ~ 3 hours | |
| Total Time Allocation | | ~ 33 hours | |
| Tier 2 Trainings | | | |
| E-Course: Foundational Modules | | Estimated Time | Date Complete |
| <input type="checkbox"/> | Early Childhood | ~ 1 hour | |
| <input type="checkbox"/> | Parental Stress | ~ 1 hour | |
| <input type="checkbox"/> | Autism Spectrum Disorders | ~ 1 hour | |
| <input type="checkbox"/> | Traumatic Stress | ~ 1 hour | |
| <input type="checkbox"/> | Externalizing Child | ~ 1 hour | |
| <input type="checkbox"/> | Navigating the Special Education System in MA | ~ 1 hour | |
| <input type="checkbox"/> | Depressive Disorders | ~ 1 hour | |
| <input type="checkbox"/> | Anxiety Disorders | ~ 1 hour | |
| <input type="checkbox"/> | Safety & Suicidality | ~ 1 hour | |
| <input type="checkbox"/> | Addressing Adolescent Substance Use | ~ 1 hour | |
| E-Course: Team-Based Modules | | Estimated Time | Date Complete |
| <input type="checkbox"/> | Yodalis' Exposure to Trauma | ~ 1 hour | |
| <input type="checkbox"/> | Joseph's Externalizing Behavior | ~ 1 hour | |
| <input type="checkbox"/> | Rose's Parents Notice a "Change" | ~ 1 hour | |
| <input type="checkbox"/> | Elena's Absence from School | ~ 1 hour | |
| <input type="checkbox"/> | Angel's Threats to Self-Harm | ~ 1 hour | |
| <input type="checkbox"/> | Jon's Challenges with Communication | ~ 1 hour | |
| <input type="checkbox"/> | Andres' New Friends and New Habit | ~ 1 hour | |
| Total Time Allocation | | ~ 17 hours | |

¹ All Transdiagnostic Approaches trainings can be found on the TEAM UP Website – Member Section under 'Clinical Trainings'. Please reference trainings recorded in Year 1 when completing this checklist.

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Behavioral Health Clinician (continued)

| Tier 3 Trainings | | | |
|---------------------------------------|--------------------------------------|-----------------------|----------------------|
| E-Course: Role-Focused Modules | | Estimated Time | Date Complete |
| <input type="checkbox"/> | Assessment & Screening | ~ 1 hour | |
| <input type="checkbox"/> | Behavioral Activation | ~ 1 hour | |
| <input type="checkbox"/> | Cognitive Restructuring & Appraisal | ~ 1 hour | |
| <input type="checkbox"/> | Emotion Regulation | ~ 1 hour | |
| <input type="checkbox"/> | Interpersonal & Communication Skills | ~ 1 hour | |
| <input type="checkbox"/> | Motivational Interviewing | ~ 1 hour | |
| <input type="checkbox"/> | Caregiver Support & Coaching | ~ 1 hour | |
| <input type="checkbox"/> | Problem Solving | ~ 1 hour | |
| <input type="checkbox"/> | Psychoeducation | ~ 1 hour | |
| <input type="checkbox"/> | Therapeutic Exposure | ~ 1 hour | |
| Total Time Allocation | | | ~ 10 hours |

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Community Health Worker or Family Partner

The Community Health Worker/Family Partner (CHW/FP) is a critical member of the integrated care team. More information about the CHW/FP role within TEAM UP can be found [here](#).

Systems Set-up and Access

As introduced in the 'Getting Started' section of this packet, there are three primary systems the CHW/FP role will utilize during their time in TEAM UP. Please ensure you have access to:

| | |
|--------------------------|---|
| <input type="checkbox"/> | TEAM UP Website - https://teamupforchildren.org/members-only |
| <input type="checkbox"/> | Box – https://box.com |
| <input type="checkbox"/> | E-Course – https://www.bmcpsychacademy.org/ |

Meetings and Calendar Invitations

CHW/FPs meet monthly at various TEAM UP LC forums. Please confirm that you have received invitations to each of the following events and that the details are available in your calendar.

| | |
|--------------------------|--|
| <input type="checkbox"/> | TU CHW/FP Case Consultation – monthly, 1 st Tuesday 10-11am |
| <input type="checkbox"/> | TU CHW/FP Site-Based Support – monthly, schedule differs per CHC |
| <input type="checkbox"/> | TU Special Topics Forum – monthly, 3 rd Tuesday 10-11am |

Depending on your role at the CHC and each team's unique schedule, there may be additional meetings and activities for you to engage in. Please work with your TEAM UP Project Manager or Supervisor to determine whether there are any other TEAM UP meetings you should attend.

Trainings and Self-Paced Learning

TEAM UP offers a comprehensive series of trainings to develop the necessary knowledge and skills for CHW/FPs working within the integrated setting. The trainings were developed with the recognition that many CHW/FPs have not received formal training in children's behavioral health.

TEAM UP recommends a tiered learning approach for any new CHW/FP onboarding within a partner CHC. Each tier is described below and along with suggestions for how to prioritize.

| Tier 1 | Tier 2 | Tier 3 |
|--|---|---|
| Foundational skills and knowledge necessary for all CHW/FPs First priority trainings | Topical trainings on the CHW/FP role in addressing various BH needs Second priority trainings | Topical trainings on CHW/FP and team-based approaches for BH needs Final priority trainings |

All CHW/FPs can access role-focused consultation as needed. Please consult the [TEAM UP Consultation Flyer](#) for details.

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Community Health Worker or Family Partner

| Tier 1 Trainings | | | |
|--|--|-----------------------|----------------------|
| Core Skills²: Foundational Trainings | | Estimated Time | Date Complete |
| <input type="checkbox"/> | Motivational Interviewing | ~ 3 hours | |
| <input type="checkbox"/> | Problem Solving Skills | ~ 3 hours | |
| <input type="checkbox"/> | Health Education & Advocacy | ~ 3 hours | |
| <input type="checkbox"/> | Professional Resilience, Sustainability, & Lessons Learned | ~ 3 hours | |
| E-Course: Foundational Modules | | Estimated Time | Date Complete |
| <input type="checkbox"/> | Early Childhood | ~ 1 hour | |
| <input type="checkbox"/> | Parental Stress | ~ 1 hour | |
| <input type="checkbox"/> | Autism Spectrum Disorders | ~ 1 hour | |
| <input type="checkbox"/> | Traumatic Stress | ~ 1 hour | |
| <input type="checkbox"/> | Externalizing Child | ~ 1 hour | |
| <input type="checkbox"/> | Navigating the Special Education System in MA | ~ 1 hour | |
| <input type="checkbox"/> | Depressive Disorders | ~ 1 hour | |
| <input type="checkbox"/> | Anxiety Disorders | ~ 1 hour | |
| <input type="checkbox"/> | Safety & Suicidality | ~ 1 hour | |
| <input type="checkbox"/> | Addressing Adolescent Substance Use | ~ 1 hour | |
| Total Time Allocation | | ~ 22 hours | |
| Tier 2 Trainings | | | |
| Core Skills¹: Topical Trainings | | Estimated Time | Date Complete |
| <input type="checkbox"/> | Key Tasks: BH Referrals & IEPs | ~ 3 hours | |
| <input type="checkbox"/> | Depression & Early Childhood Mini Manuals | ~ 3 hours | |
| <input type="checkbox"/> | Anxiety & Trauma Mini Manuals | ~ 3 hours | |
| <input type="checkbox"/> | ADHD Mini Manual | ~ 3 hours | |
| <input type="checkbox"/> | Autism Spectrum Disorder Mini Manual | ~ 3 hours | |
| <input type="checkbox"/> | Substance Use Mini Manual | ~ 3 hours | |
| Total Time Allocation | | ~ 18 hours | |
| Tier 3 Trainings | | | |
| E-Course: Role-Focused Modules | | Estimated Time | Date Complete |
| <input type="checkbox"/> | Tiered Approach to Working with Children & Families | ~ 1 hour | |
| <input type="checkbox"/> | Early Childhood | ~ 1 hour | |
| <input type="checkbox"/> | Caregiver Stress | ~ 1 hour | |
| <input type="checkbox"/> | Traumatic Stress | ~ 1 hour | |
| <input type="checkbox"/> | Externalizing Child | ~ 1 hour | |
| <input type="checkbox"/> | Safety & Suicidality | ~ 1 hour | |
| E-Course: Team-Based Modules | | Estimated Time | Date Complete |
| <input type="checkbox"/> | Yodalis' Exposure to Trauma | ~ 1 hour | |
| <input type="checkbox"/> | Joseph's Externalizing Behavior | ~ 1 hour | |
| <input type="checkbox"/> | Rose's Parents Notice a "Change" | ~ 1 hour | |
| <input type="checkbox"/> | Elena's Absence from School | ~ 1 hour | |
| <input type="checkbox"/> | Angel's Threats to Self-Harm | ~ 1 hour | |
| <input type="checkbox"/> | Jon's Challenges with Communication | ~ 1 hour | |
| <input type="checkbox"/> | Andres' New Friends and New Habit | ~ 1 hour | |
| Total Time Allocation | | ~ 13 hours | |

² All Core Skills trainings can be found on the TEAM UP Website – Member Section under ‘Clinical Trainings’. Please reference trainings recorded in Year 1 when completing this checklist.