

## Completing the BHC BH Plan\*\*

Step 1. The BHC BH Plan must be completed at <u>EVERY</u> encounter by an integrated BHC BHCs should respond to all questions and complete all necessary components of the plan as prompted in the EMR			
Step 2. Indicate key issue(s) addressed in this visit (select all that apply):			
•	Hyperactivity, inattention, or disruptive behavior		Chronic disease management (medical)
	Depression		Social/material needs
	Anxiety		Other mental health concern
	Eating issues		Developmental concern
	Substance use/addiction risk		Free text to provide more detail if necessary
	Trauma/violence		Parent/caregiver mental health concern
	Family stress and/or stress reaction		Early childhood concern (BRANCH)
	Emergency services (Section 12, ESP, DCF filing)		Safety/SI concern
			School related concern
Step 3. Indicate interventions or techniques utilized in this visit (select all that apply):			
Step 5.	Psychoeducation		Emotion regulation
	Cognitive restructuring		Psychotherapy/other modalities
	Behavioral activation		Clinical care coordination/navigation
	Problem solving		Collateral encounter
	Interpersonal and communication skills		BRANCH – Phase 1
_		_	BRANCH – Phase 2
	Therapeutic exposure		BRANCH – Phase 2 BRANCH – Phase 3
	Coaching/parent support		
	Motivational interviewing		Free next to provide more detail if necessary
Step 4. Indicate measurement tool(s) completed in this visit and result (positive or negative) (select all that apply):			
	PSC 17		Vanderbilt/Connors
	PHQ 9		BRANCH trauma screener
	GAD 7		BRANCH symptom screener
	MFQ		Beck
	ASQ		None completed
	MCHAT		Free text to provide more detail if necessary
	SCARED		,
Step 5. Indicate treatment plan following this visit (select all that apply):			
	New/additional services needed		Further services needed but declined (STOP)
	Continue with current services (defined as services		BH/Dev issue resolved; routine follow up (STOP)
	in the past 12 months)		
Step 6. If you select "new/additional services needed" or "continue with current services", indicate the types of			
services (check all that apply) and follow the subsequent prompts to describe those services:			
	PCP management (medication management, etc.)		Off-site BH services (CBHI, etc.)
	Integrated BH services (continue with BHC, etc.)		EI, IEP, 504 Plan
	On-site (non-integrated) BH services (psychiatric		
	provider, etc.)		

\*\*Please Note: This document is a simple checklist meant to supplement the more comprehensive BHC BH Plan Training Guide which can be found at <u>https://www.teamupforchildren.org/resources</u>.