

### Completing the PCP BH Plan\*\*

Updated 07/08/2021: incorporated new version of the key issues section of the PCP BH Plan

#### Step 1. The PCP BH Plan must be completed at EVERY pediatric medical visit

Providers should respond to all questions and complete all necessary components of the plan as prompted in the EMR

#### Step 2. Indicate whether a BH/Dev issue was raised at visit (select one option only):

- □ No BH/Dev issues raised at this visit (no further documentation)
- □ Yes BH/Dev issue raised; services declined
- □ Yes BH/Dev issue raised and addressed

## Step 3. For either 'Yes' response, complete documentation of next steps taken, options include:

- Services declined (select one option only)
  - □ More frequent follow-up with PCP
  - □ Routine follow-up with PCP
- Issue addressed (select all that apply)
  - New/additional services needed
  - □ Continue with current services

# Step 4. Indicate the type(s) of new or continued services when a BH/Dev issue is raised and addressed (select all that apply):

- □ PCP management (medication management, care coordination, psychotherapy)
- □ Integrated BH services (warm handoff to BH provider, warm handoff to CHW, etc.)
- On-site (non-integrated) BH services (BH provider, psychiatric provider, etc.)
- □ Off-site BH services (school services/therapy, home-based therapy, psychiatric provider, etc.)
- El or EIP

## Step 5. Indicate the key issues underlying the BH/Dev issue (required even when services are declined):

- □ Hyperactivity, inattention, or disruptive behavior
- Depression
- Anxiety
- □ Eating issues
- □ Substance use / addiction risk
- □ Trauma/violence
- □ Family stress and/or stress reaction
- Emergency services (Section 12, ESP, DCF filing, etc.)

- □ Chronic disease management (medical)
- □ Social/materials needs
- $\hfill\square$  Other mental health concern
- Developmental concern
- □ \_\_\_\_\_ for more detail as necessary
- □ Parent/caregiver mental health concern
- □ Early childhood concern (BRANCH)
- □ Safety/SI concern
- □ School related concern

\*\*Please Note: This document is a simple checklist meant to supplement the more comprehensive PCP BH Plan Training Guide which can be found at <a href="https://www.teamupforchildren.org/resources">https://www.teamupforchildren.org/resources</a>.