



Transforming and Expanding Access to Mental Health Care in

Urban Pediatrics

Core Integrated Behavioral Health Workflows and the Role of the CHW

March 8, 2024



The presenters have no disclosures with regards to commercial interests and do not plan on discussing unlabeled/investigational uses of a commercial product.

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Please note, today's session will be recorded.





TEAM UP presentations are generated by the named facilitators and informed by the work, research, and expertise of TEAM UP <u>clinical core team members</u>.

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ADVANCING INTEGRATED HEALTHCARE









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Introductions



Please introduce yourself in the chat –

- Name
- Preferred pronouns, if you like
- Agency
- Role

During our session today, please remember to -

- Keep yourself on mute if you are not speaking
- Use the chat for ongoing comments and questions
- Connect with session facilitators as needed
- Do what you need to take care of yourself









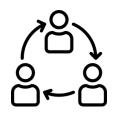
Review the workflows core to a high functioning IBH team



Consider the role of the integrated CHW within these workflows



Work within teams to plan for continued integration of the CHW role



Learn from colleagues across practices





What are the core workflows in integrated behavioral health?





Universal Screening

 Annual screening for behavioral, developmental, social concerns at all ages

Warm Handoff to BHC & CHW

 Same-day in-person touch with BHC or CHW depending on concern identified

Referral to BHC & CHW

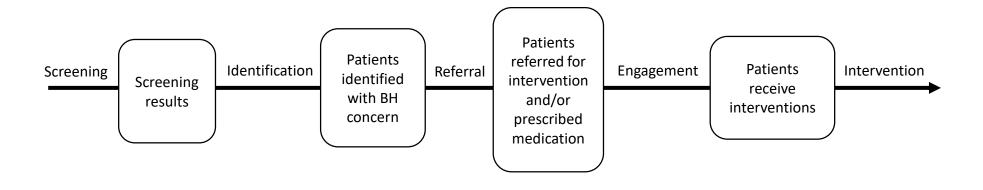
 If not available in realtime, follow up outreach by BHC or CHW to address concerns

Treatment within Primary Care

- PCPs engage families, initiate medication, where indicated
- BHCs engage families, initiate assessment, treatment, reassessment
- CHWs engage families, provide education, coordinate care

Linkage to Specialty Care & Community Services

• Where indicated, referrals to external specialists and community resources for higher-level care





Role-specific Scopes of Work within IBH			
Primary Care Provider	Behavioral Health Clinician	Community Health Worker	
 Identification of initial behavioral health or developmental concern Assessment with standardized screeners Medication initiation & management 	 Assessment with standardized screeners Brief intervention & psychotherapy Periodic reassessment of symptoms 	 Patient & caregiver engagement Education & advocacy Care coordination & navigation 	

- Warm handoffs between and amongst core IBH team
- Referral to specialty care and community services as needed





Care Manager/Resource	Integrated Community
Specialist/Patient Navigator	Health Worker
 Housing Food Utilities Transportation Diapers Childcare Legal/immigration Adult education/job training 	 Early intervention Developmental assessment Outpatient or community behavioral health School – registration, preschool, IEPs, 504s, advocacy Parenting support/coaching Guardianship related to MH concerns DDS/BHDDH



CHW Role in Supporting Autism

Engagement

- Understanding child development
- Seeking formal supports Early Intervention, ABA, school services

Education

- Child development and ASD
- Screening and assessment
- Available services
- Positive parenting, expectations and stigma

Care Coordination

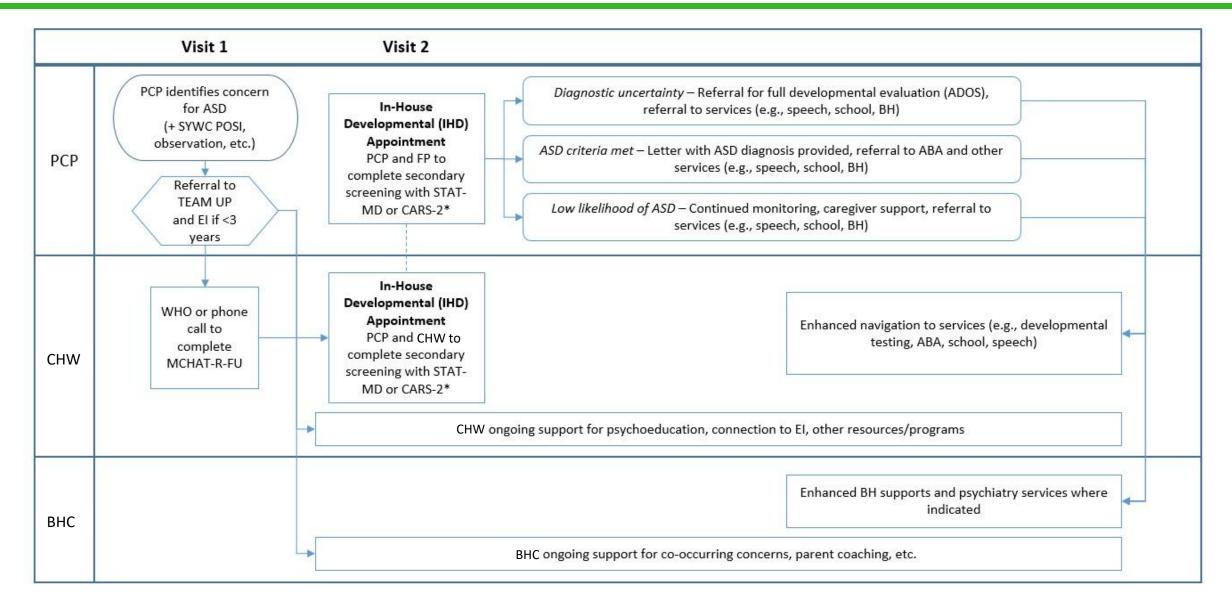
- Support navigation of medical and community-based systems
- Assist with referrals and access to services
- Assist with initiating/modifying school-based services
- Ensure consistent communication between caregiver and providers (PCP, BHC, school, external providers)













Engagement

- Behavioral health services (diagnosis and services)
- School-based services and support
- Medication treatment

Education

- ADHD
- Externalizing/internalizing symptoms
- Problem-solving and positive parenting

Care Coordination

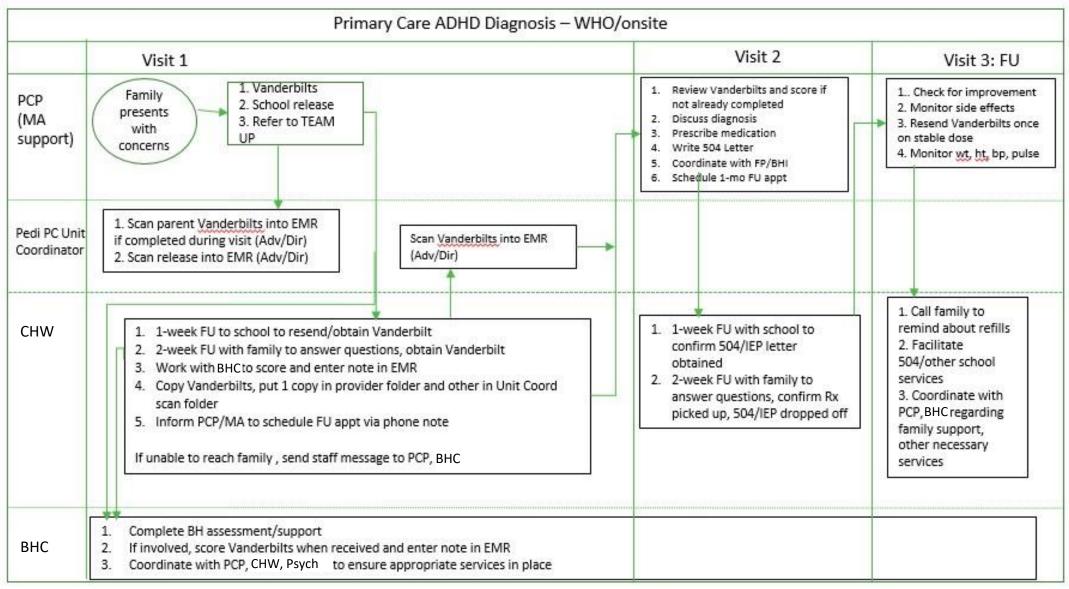
- Support navigation and referrals of medical and community-based systems
- Assist with initiating/modifying school-based services
- Ensure consistent communication between caregiver and providers (PCP, BHC, school, external providers)





















- In what ways is the CHW role currently integrated across these core workflows at your practice?
- In what ways does/can the CHW role increase your team's capacity to address behavioral health concerns?
- Does everyone within the practice understand the CHW role within the integrated team?
- What steps can your team take to increase opportunities for collaboration and ensure everyone knows how and when to loop in the CHW?
- What questions do you have for your colleagues at other practices?





Join the breakout room for your practice....

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Breakout 1 - Wood River
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Breakout 2 - Family Care Center

Breakout 3 - Hasbro

Breakout 4 - CCAP

Breakout 5 - Coastal





Team Report-Outs



Next Steps



- Formalize a plan to introduce the integrated CHW role to everyone in the practice, organization
- Consider additional opportunities to integrate the CHW role within core IBH workflows within your practice
- Work with your practice facilitator to think through the unique factors at your site and advance your team's integration of the CHW role









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